

## Discharge Summary

Dept. of NEUROLOGY

### General Information

|                               |  |                           |             |
|-------------------------------|--|---------------------------|-------------|
| <b>UHID</b>                   | APD1.0010961238  | <b>Patient Identifier</b> | DELIP242758 |
| <b>Ward/Bed No</b>            | 4th Floor Tower-III , 4th floor T3<br>ward, Bed no:4403                              |                           |             |
| <b>Name</b>                   | Mr. NARENDRA NIRMAL JANA   |                           |             |
| <b>Age</b>                    | 34Yr 3Mth 3Days  | <b>Sex</b>                | Male        |
| <b>Address</b>                | USA, Other-City-United States of<br>America, Other-State-United States<br>of America |                           |             |
| <b>Primary<br/>Consultant</b> | Dr. P N RENJEN<br>NEUROLOGY  |                           |             |
| <b>Admission Date</b>         | 29-Jan-2019  |                           |             |
| <b>Discharge Date</b>         | 31-Jan-2019  |                           |             |
| <b>Allergies</b>              | No known allergy   |                           |             |
| <b>Diagnosis</b>              | :  |                           |             |

Follow up case of secondary progressive multiple sclerosis

### Present Illness

#### History of Present Illness

Mr. NARENDRA NIRMAL JANA, 34 years old male came to IAH for second dose of Rituzumab therapy. Patient had received first dose of Rituzumab 1gm on 15.01.2019. Patient was admitted under Dr. P.N. Renjen (Sr. Consultant - Neurology) at IAH.

### Clinical Examination

**On Examination**      General Condition: Average

Afebrile  
 Pulse Rate: 84/minute  
 Blood Pressure: 120/70 mmHg  
 Respiratory Rate: 18/minute  
 No clubbing / cyanosis / pedal edema / icterus / pallor / lymphadenopathy  
 Chest: Bilateral clear  
 CVS: S1, S2 Normal / No murmur / rub / gallop  
 P/A: Soft, No tenderness, No distension  
 CNS: Conscious, oriented  
     EOM full  
     Moving all 4 limbs  
     DTR +, Bilateral grip weak  
     Plantar bilateral ↓ ↓  
     Sensory - Paraesthesia +, Romberga +  
     Tendon graft affected

### Course In The Hospital & Discussion

Routine blood investigations were sent. CBC, LFT and RFT reports were normal. Patient was managed with Inj Reditix 1gm diluted in 500 ml slow infusion over 8-10 hours after prior medications. Patient is neurologically improving and is being discharged in hemodynamically stable condition on the following advices.

### ADVICE ON DISCHARGE

|                             |   |
|-----------------------------|---|
| <b>Diet</b>                 | As advised  |
| <b>Physical Activity</b>    | As tolerated  |
| <b>Discharge Medication</b> | Tab Shelcal HD 500 mg per orally twice daily<br>Cap Felicita OD 1 cap per orally once daily<br>Tab Lumia 60 K per orally weekly   |
| <b>Follow Up</b>            | Advice VEP after 3 months<br>Rituximab therapy 3rd dose after 6 months<br>Review in physician office with Dr. P.N. Renjen after 3 months with prior appointment. Please confirm your appointment on +911126925858 / 26925801 / 29871060/1061. |

AVAIL OF APOLLO HOME SAMPLE COLLECTION SERVICE (DELHI & NCR COVERED)

MONDAYS TO SUNDAYS : 7 AM – 5 PM

PLEASE CALL 011-29871090 & BOOK YOUR APPOINTMENT

Please note that Home Collection is complimentary

**Pending Reports** Kindly bring a copy of your bill to collect the pending reports from gate no-4(from respective labs & Gate No:7 for Radiology Reports)on week days,Monday to Saturday(8am-8pm)and Sunday(8am-2pm)

**IF you have any of the following symptoms, please contact your doctor or our CMO on +911126925888 / 26825555 / 29872001/2003**

1. Fever Of 101°F
2. Onset of new pain or worsening of previous pain.
3. Vomiting.
4. Breathing difficulty.
5. Altered level of consciousness.
6. Discharge from the operative wound.
7. Worsening of any symptoms.
8. Other significant concerns.

Please visit our website: [www.apollohospdelhi.com](http://www.apollohospdelhi.com)

Dr. P N RENJEN  
NEUROLOGY  
Primary Consultant

  
30/01/19  
Registrar/Resident

Please understand your discharge prescription from your doctor before using the medicines.

You can contact Emergency Room Physician, INDRAPRASTHA MEDICAL CORPORATION LIMITED at 26925858 or 1066.

Typed by 149568



India's First Internationally Accredited Hospital  
INDRAPRASTHA  
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For Online appointment : www.askapollo.com